

# The Whole Armor of God

Ephesians 6:10-18

## Leader's Notes

This Bible Study will work well in a group setting. Consider creating an opportunity for conversation. This may be best achieved through sitting in a circle of chairs, round-table style.

When discussing each armor piece, a volunteer can read the passage, and the leader can follow up by rereading in phrases/sentences and dissecting the concepts. After each section, take time for feedback.

Conversation starters may include:

“Would anyone like to add to this?”

“Do you have an example of how this has been true in your life?”

You can incorporate the prayer points by praying together at the beginning, including the first prayer in the study. Then, pray collectively at the end. A younger group may do well to pray after each piece of armor.

A fun option for a youth or young adult class is to ask the group, ahead of time, to bring props for each piece of armor. In our recent lesson on this subject, some class members made elaborate pieces while others cut cardboard and wrapped them in foil. Others brought props like umbrellas for the shield and lightsabers for swords. It was a great night and a fun way to engage the class.

For a mature prayer team, sharing at the beginning and shifting into a season of intercessory prayer, with the printed sheet as a guide, would be a great option.

No matter how you present this lesson, teaching others to walk in victory by putting on the whole armor of God is going to be a great success!

